Erase Print Save as

FOLSTEIN'S MENTAL STATE TEST

DT9078

Name of institution _____

A) Orientation

		MAXIMUM SCORE	PATIENT'S SCORE
Ask the patient:			
1- What is	the year ____ the month ____ the day ____ M T W Th F Sa Su the day of the week The season? Spring ☐ Summer ☐ Fall ☐ Winter ☐	5	( )
2- Where are we	Province _____ Country _____ City, town, village _____ Place (hospital, office, house, etc.) _____ Floor ____	5	( )

B) Registration

3- Pronounce one of the following groups of 3 words; take 1 second for each word:

shirt, blue, honesty ( )
or
shoe, brown, modesty ( )
or
sweater, white, charity ( )

3 ( )

Then ask the patient to repeat the 3 words selected.
Give 1 point for each correct answer on first attempt. Repeat until the patient learns all 3 words.
Count and record number of attempts, for information purposes only.

Number of attempts: _____

C) Attention and calculation (Check either test)

4- ☐ Ask the patient to begin with 100 and subtract by intervals of 7:

100 – 7 = ( ) 93 – 7 = ( ) 86 – 7 = ( ) 79 – 7 = ( ) 72 – 7 = ( ) 65.

1 point for each correct answer.

5 ( )

OR

☐ Ask the patient to spell the word "world" backwards. (DLROW): ___ ___ ___ ___ ___
(enter the letters)

D) Recall

5- Ask the patient to repeat the 3 words previously selected:

shirt, blue, honesty ( )
or
shoe, brown, modesty ( )
or
sweater, white, charity ( )

3 ( )

E) Language

6-	Show the patient a pencil ( ) a watch ( ) and ask him what it is.	**2**	( )
7-	Ask the patient to repeat the following sentence: **"No ifs or buts"**.	**1**	( )
8-	Ask the patient to obey a 3-stage command: **"Take this paper in your right or left hand, fold it in half and give it back to me".**	**3**	( )

N.B.: *If the patient is right-handed, ask him to take the paper in his left hand and vice versa. Be careful not to hold out your hand; avoid non-verbal indications.*

Unvalidated adaptation of "Mini-Mental State" by Folstein, M.F., Folstein, S.E., Mc Hugh, P.R.: "Mini-Mental State: A practical method for grading the cognitive state of patients for the clinician". Journal of Psychiatric Research, 1975, 12: 189-198, based on the work of the geriatric centre, Hôpital d'Youville Sherbrooke, Québec.

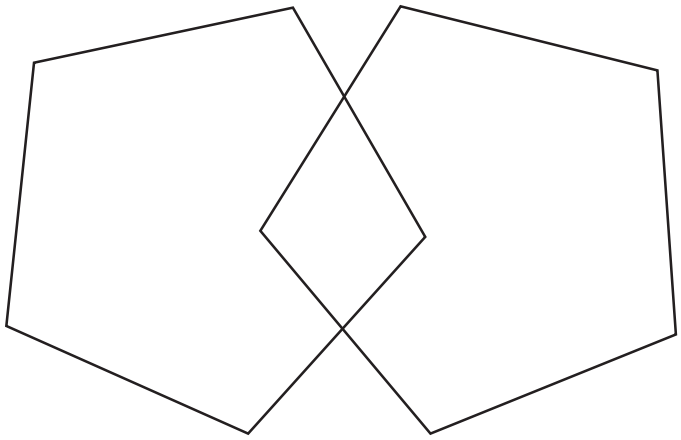
User's name	File no.

E) Language (continued)

	MAXIMUM SCORE	PATIENT'S SCORE
9- Ask the patient to read the following instruction and to do what it says: **"CLOSE YOUR EYES"**	**1**	( )
10- Ask the patient to write a sentence: _____ (Subject, verb. Disregard mistakes.)	**1**	( )

F) Constructional praxis

11- Ask the patient to copy the following drawing:



	1	( )
MAXIMUM SCORE:	**30**	
PATIENT'S SCORE:		**0**

Interpretation of scores:
While a score of less than 24 points in Folstein's Mental State Test indicates impairment of the cognitive functions, the test is not a means of diagnosing the cause of the impairment.

Patient's number of years of schooling: _____ Estimate the patient's level of sensorium: alert ☐ somnolent ☐

If the patient cannot be tested, specify: _____

State any conditions that may have influenced your estimation. _____

Date _____ (Year / Month / Day) _____ Signature