



## DIRECTED CONSULTATION TO THE GERIATRIC PHYSICIAN

Note: Refer to the clinical alerts on the back or the form before filling it out and continue to use existing consultation corridors: Accueil clinique, 3<sup>rd</sup> line specialized outpatient clinics, memory clinics, day hospitals, outpatient geriatric and psychogeriatrics teams, geriatric outpatient services, pain clinics, fall clinics, BPSD¹ team. etc.

Patient's first and last name	
Health insurance number	Year Month Expiry
Parent's first and last name	
Area code Phone number	Area code Phone number (alt.)
Address	
Posta	l code

and psychogeriatrics teams, geriatric outpatient services, pain clinics, fall clinics, BPSD¹ team, etc.						Postal code				
All users must be accompanied by a caregiver (Name and phone number are mandatory)  Name						Area code	Phone no.			
This form	n is intended fo	r patier	nts aged 6	5 and	over (mainly	y 75 years and	over)			
Reason for consultation	Clinical priority	scale:	C: ≤ 28 day	ys D	: ≤ 3 months	E: ≤ 12 months				
Atypical major neurocognitive disorder (Prerequisite: cerebral imaging within less than 6 months, MOCA or MMSE)			,	D	(Prerequisit	Elder abuse <sup>3-4</sup> : abuse situation, neglect, etc. ( <i>Prerequisite</i> : attach psychosocial evaluation report, ce imaging requested or already performed)				
Typical major neurocognitive disorder: specify the issue to be assessed (Prerequisite: MOCA or MMSE, Recommended: cerebral imaging)				E	Name and telephone of <u>social worker</u> required to enter under clinical information  Unexplained weight loss in users > 75 years old					
Typical major neurocognitiv to be assessed (Prerequisite: MOCA or MMSE)  "Behavioral Disorder" BPSD¹ without a history of psychiatric il (refractory to interventions by th line BPSD team if available) (Prerequisite: cerebral imaging less 6 months, MOCA or MMSE)	HCS² potentially compromised in the short term			С	after appre	ed weight loss in users > 75 years old opriate investigation e: attach relevant reports)				
line BPSD team if available) (Prerequisite: cerebral imaging less the 6 months, MOCA or MMSE)	than HC con	HCS <sup>2</sup> not compromised in			(Prerequisit	harmfull polypharmacy/Deprescribing e: up-to-date pharmacological profile) more than one pharmacy:				
the short term  Unexplained non-syncopal recurrent falls (Recommended: assessment report in physiotherapy)				С	Gait and b	palance disorders nded: cerebral imaging, assessment report				
Suspected diagnosis and clinical information (mandatory) Attach reports, PMHx, medication list, investigation(s) other  MMSE: or MOCA:			n(s) other	cons	Iltation(s), etc.  If prerequisite is need  Available in the QHR  Attached to this form  Ordered			R		
User's current living arrangements (detailed):										
Main CLSC representative	Name						Area code	Phone no.		
Referring physician identific Referring physician's name	ation and point	of serv		icence	no.	Stamp				
Area code Phone no.	Extension	Area c	ode Fax no.							
Name of point of service										
Signature			Date (y	ear, m	onth, day)	]				
Family physician: Same as referring physician Patient with no fam  Family physician's name				ily physician	Registered referral (if required)  If you would like a referral for a particular physician or point of service					
Name of point of service										

## Legend

- <sup>1</sup> BPSD: Behavioural and Psychological Symptoms of Dementia
- <sup>2</sup> HCS: Home Care Services
- <sup>3</sup> Elder Abuse: "Elder Abuse is a single or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust which causes harm or distress to an older person." (World Health Organization, 2002).
- <sup>4</sup> The Ligne « Aide Abus Aînés » (Elder Mistreatment Helpline) is a provincial helpline and referal service for those seeking support and information in cases of elder mistreatment. Elder Mistreatment Helpline (LAAA): 1 888 485-ABUS

## Clinical alerts (non-exhaustive list)

## Refer the patient to the Emergency-department

- Delirium or altered level of counsciousness
- · Older person with an immediate and significant danger affecting their safety or that of his/her entourage
- Fall with prolonged stay on the ground or significant inability to ambulate