



## SERVICE REQUEST MILD TRAUMATIC BRAIN INJURY AND CONCUSSION (mTBI/C) TEAM

Patient's first and last r	name						
Health insurance numb	oer	Expiry	Yea	r Month			
Parent's first and last n	ame			ı			
Area code Phone nun	nber	Area code	code Phone number (alt.				
Address							
Postal code	E-mail add	ress					

TRAUMATIC II	NJURY														
Date of injury	Year	Month	Day	Time	hh : mm	ı	Date of assess	_	Yea	ar	Month	Day	Time	hh :	mm
REFERRED B	Y														
Emergency	GMF/	GMF-U/G	MF-R	Priva	ate medical cl	linic	☐ Care	unit	Oth	ner:					
DIAGNOSIS															
Manifestations mother problems,					nor be caused	d by o	ther injuri	es or the	e treatr	ment o	f other i	injuries,	nor be the	e result so	lely of
Glasgo	ith objecti w coma so at least on	ale:/								r mTE	BI with I	no obje	ctive crite	eria	
☐ Alte	red state of	f conscio	usness a	after traun	na			Sympto	oms:						
Loss	s of consci	ousness <	<30 min												
Retr	ograde or	anterogra	ıde amn	esia (<24	hrs)			Additio	nal cor	nment	s:				
	ns of transion on not requ			lamage or	r intracranial										
CONTEXT OF	THE INJU	JRY													
☐ Sport/Leisure	Fall	Road	d accide	nt 🗆 W	ork Uviole	ence	Other	r (specify	y):						
Other injuries as	sociated w	ith the inc	ident:												
INITIAL BEHA	VIOUR AI	ND SUP	PORT												
Were the INESS Does the user ha		•	-	d explaine	ed to the user	?	Yes	No							
CLINICAL DO	CUMENTA	ATION T	O BE A	TTACH	ED, IF NOT	отні	ERWISE	AVAIL	ABLE	, FOF	R THE	mTBI/	C TEAM		
Prehospital t								ge sheet							
☐ Multiple trau	ma victim c	are form	(AH-450	0)				oratory o				S			
							☐ Con	sultation	where	e appli	cable				
CONSENT															
I,						(use	er's first na	ame and	surna	me),					
					/C to be sent to ng to the famil			nTBI/C t	eam. I	agree	to be co	ontacted	d for follow	-up, and I	agree
☐ give permiss	sion for my	e-mail ac	ldress to	be used	as a means o	of com	nmunicatio	on.							
User's signatu	ıre											ate	Year	Month 	Day 
IDENTIFICATION	ON DU PE	ROFESS	IONNE	L AU DO	OSSIER ET	DU P	POINT D	E SER\	VICE						
Name of referring pr							e number (			Name	of servi	ce point			
Reg.Code Telep	hone no.				Ext.		Reg.Code	e Fax	no.						
Professional's	signatuı	re									С	ate	Year	Month	Day
FAMILY PHYSI	CIAN	SA	ME AS F	REFERRING	G PROFESSIO	NAL	USEF	R WITH N	IO FAM	ILY PH	YSICIAN	١			
Name of family phys	sician									Name	of servic	e point			

To identify and forward your request, please consult the contact details of the teams responsible at the following link: <a href="https://www.msss.gouv.qc.ca/professionnels/traumatismes-et-traumatologie/commotion-cerebrale/organisation-services/">https://www.msss.gouv.qc.ca/professionnels/traumatismes-et-traumatologie/commotion-cerebrale/organisation-services/</a>

## **RELEVANT CLINICAL TOOLS FOR EVALUATION**

- · Scale of symptoms
  - > Rivermead (English) (http://www.tbi-impact.org/cde/mod\_templates/12\_F\_06\_Rivermead.pdf)
  - > SCAT5 (https://www.inesss.qc.ca/fileadmin/doc/INESSS/FECST/Publications/SCAT5/Scat5-adultes-EN.pdf)
  - > Pediatric SCAT5 (https://www.inesss.gc.ca/fileadmin/doc/INESSS/FECST/Publications/SCAT5/Scat5-enfants-EN.pdf)
- Algorithm for risk management of severe neurological complications following TBI
  - > Adult (https://www.inesss.qc.ca/fileadmin/doc/INESSS/Rapports/Traumatologie/Decision\_making\_algorithm\_MTBI\_Adult\_2021.pdf)
  - > Child (https://www.inesss.qc.ca/fileadmin/doc/INESSS/Rapports/Traumatologie/Decision\_making\_algorithm\_MTBI\_Pediatric\_2021.pdf)

Risk factors for slower recovery to be considered	Based on clinical experience with adults					
<ul> <li>Age (older adolescents)</li> <li>Gender (female)</li> <li>Personal or family medical history of migraine</li> <li>Medical history of learning or behavioural disorders</li> <li>Personal or family medical history of mental health issues</li> <li>Family's socio-economic situation</li> <li>Family's level of education</li> <li>Significant pre-TBI symptoms</li> </ul>	<ul> <li>Psychological distress, anxiety, depression, post-traumatic stress, mental health problems</li> <li>Demanding environment at work or in family or social roles; performance-focused personality, burn-out, no flexibility</li> <li>Anguish about symptoms, fear, catastrophic thoughts, inactive or sedentary lifestyle</li> <li>Unsuccessful therapeutic trials</li> <li>Dissatisfaction at work (relations, organization, stress)</li> <li>Emotional aspect of the accident</li> </ul>					