



LIVING DONOR PHYSICAL EXAM FORM

Living Donor Identification Number – Kidney Paired Donation Program	
Unique Donor Number (UDN)	

Date of birth (yyyy/mm/dd)	Age	Sex
		_ M I
Address (number, street)		
City		Postal code
Health Insurance Number	Record	number

Name of Establishment		
CHUM – Centre hospitalier de l'Université de Montréal	CIUSSS de l'Estrie – CHUS Hôpital Fleurimont	CUSM – Site Glen
CHU de Québec – UL – Pavillon L'Hôtel-Dieu de Québec	CIUSSS de l'Est-de-l'Île-de-Montréal – Hôpital Maisonneuve-Rosemont	

The living donor physical examination includes assessment for evidence that may indicate high-risk behaviour potentially associated with risk of transmissible disease, bacterial or viral infection, malignancy and trauma.

Assess for the following physical signs as potential evidence of transmissible disease							
Evaluation Abbreviation: E. D. = Exceptional distribution	Abbreviations: V/I = Verification Impossible, N/A = Not Applicable	Explanations/comments If "Yes" or "V/I"					
Signs of sexually transmitted diseases (STD) e.g., genital ulcers, herpes simplex, syphilis, chancroid E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Male donor: evidence of anal intercourse including perianal condyloma [E. D.]	☐ Yes ☐ V/I ☐ No ☐ N/A						
Evidence of nonmedical percutaneous drug use such as needle tracks (examine tattoos where applicable, as they may cover needle tracks) E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Evidence of recent tattooing, ear or body piercing dating back less than 1 year	☐ Yes ☐ V/I ☐ No ☐ N/A						
Unexplained lymphadenopathy (swollen lymph node) E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Oral thrush	☐ Yes ☐ V/I ☐ No ☐ N/A						
Blue or purple spots on skin or mucous membranes consistent with Kaposi's sarcoma E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Unexplained jaundice or hepatomegaly or icterus E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Evidence of sepsis, such as unexplained generalized rash [E.D.]	☐ Yes ☐ V/I ☐ No ☐ N/A						
Large scab consistent with recent smallpox immunization E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Eczema vaccinatum E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Generalized vesicular rash (generalized vaccinia) E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Severely necrotic lesion consistent with vaccinia necrosum E.D.	☐ Yes ☐ V/I ☐ No ☐ N/A						
Corneal scarring consistent with vaccinial keratitis [E. D.]	☐ Yes ☐ V/I ☐ No ☐ N/A						
Unexplained lesions or infections of the skin or mucous membranes [E. D.]	☐ Yes ☐ V/I ☐ No ☐ N/A						
Palpable mass in abdomen, soft tissue, breasts, or other areas, suspicious of neoplasm E. D.	☐ Yes ☐ V/I ☐ No ☐ N/A						

User's first and last name	Record number				

					,
Assess for the following	hysical	signs as potentia	al evidence of	transmissible	e disease (continued)
Evaluation Abbreviation: E. D. = Exceptional distribution			Abbreviations: V/I = Verification Impossible, N/A = Not Applicable		Explanations/comments If "Yes" or "V/I"
Evidence of an active infection o significance (e.g., by inspection a			☐ Yes ☐ No	□ V/I □ N/A	
Evidence of alteration in mental or neurological status E.D.			☐ Yes ☐ No	□ V/I □ N/A	
Legend Mark corresponding letter of A Abrasion(s) B Bruise(s) C Contusion(s) D Dressing(s) H Hematoma(s) L Laceration(s) N Needle tracks (non-med P Piercing(s) Comments:	J	R Rash or sk S Scar(s) T Tattoo(s)	or wound(s)		
Physical Exam – continue	d				
Height Weight		Body Mass Index (BM	I) Abdominal	circumference	Pulse (BPM)
cm	ka			cm	

Physical Exa	m –	continu	ued								
Height	nt Weight			Body Mass Inde		ex (BMI)	Abdominal circumference	Puls	e (BPM)		
C	m		ŀ	kg			C	cm		Regular	Irregular
Blood pressure	Righ	nt arm	Left arm	- 1	, BP Tru	Name		I	Signatu	ıre	
	Abbrevia			reviations: V/I	= Verificatio	n	Exp	olanations	/comments		
Normal exam			Impossible, N/A = Not Applicable			е	If " No " or " V/I "				
General appeara	nce				☐ Yes ☐ No	☐ V/I ☐ N/A					
Head and neck					☐ Yes ☐ No	□ V/I □ N/A					
Cardiovascular sy	yster	m			☐ Yes ☐ No	□ V/I □ N/A					
Respiratory syste	em				☐ Yes ☐ No	□ V/I □ N/A					
Abdomen					☐ Yes ☐ No	□ V/I □ N/A					
Genitourinary					☐ Yes ☐ No	□ V/I □ N/A					
Digital rectal exar	m (D	RE)*			☐ Yes ☐ No	□ V/I □ N/A					
Testicular exam					☐ Yes ☐ No	□ V/I □ N/A					
Extremities					☐ Yes ☐ No	□ V/I □ N/A					
Lymph nodes					☐ Yes ☐ No	□ V/I □ N/A					
Other		<u> </u>			☐ Yes	□ V/I					

^{*} Digital rectal exam (to be done for men age 50 or older, or 45 or older if user is black or has a first-degree family history of prostate neoplasm)

Comments	
Physican signature	Date

Signature

License No.

User's first and last name

Record number

Month

Year

Day

Name (printed)