



ORTHOPEDIC CONSULTATION ADULT

Note: Refer to the clinical alerts on the back of the form and favor, if available, the protocols of the Accueil Clinique before filling it out.

Patient's first and last name								
Health insurance number	Expiry	Year Month						
Parent's first and last name								
Area code Phone number	Area code	Phone number (alt.)						
Address								
Postal code								

	Reason for consultation Clinical priority scale: A:	: ≤ 3 da	ays	s B: \leq 10 days C: \leq 28 days D: \leq 3 months E: \leq 12 r	nonths		
* Treatment = 3 months of physiotherapy and 2 infiltrations done							
Shoulder	Complete tears of the rotator cuff proven by MRI or ultrasound (patient < age 50)	С		Complete Achilles' tendon rupture	В		
	(Prerequisite: MRI or ultrasound report) Rotator cuff disease (bursitis, tendonitis, impingement, chronic rotator	D	D Foot/Ankle	Persistent severe sprain ankle with treatment failure (symptoms persisting for over 2 months despite immobilization and physio) (Prerequisite: x-ray and MRI)			
	cuff tear, tendinosis) (Prerequisite: treatment* failure and MRI or ultrasound report)		Foot	Disabling osteoarthritis of the ankle (Prerequisite: treatment* failure and x-ray or MRI report)	D		
	Recurrent shoulder dislocation with physiotherapy initiated (Prerequisite: x-ray report, MRI arthrogram)	D		Hallux valgus or symptomatic hammer toes (Prerequisite: x-ray report)	E		
	Disabling osteoarthritis of the shoulder (Prerequisite: treatment* failure and x-ray report)	D	Minor acute non-displaced immobilized¹ fracture or acute subluxation				
<u>×</u>	Complete distal biceps tendon rupture	В		(Prerequisite: x-ray)			
Elbow	Epicondylitis and epitrochleitis (Prerequisite: treatment* failure and ultrasound or MRI report)	D		Musculoskeletal tumors (Prerequisite: x-ray)	В		
Knee	Complete rupture of tendon: Patellar Quadriceps	В	Others	Persistent severe wrist sprain (symptoms lasting over 2 months despite splint and physio)	С		
	Cruciate ligament rupture with physiotherapy initiated (Prerequisite: MRI report)	С	0	(Prerequisite: MRI report and x-ray) Disabling osteoarthritis of the hip			
	Acute or traumatic meniscal tear (< age 60) (Prerequisite: MRI report)	D		(Prerequisite: treatment* failure and x-ray report) Carpal tunnel or ulnar tunnel syndrome			
	Disabling osteoarthritis of the knee (Prerequisite: treatment* failure and x-ray report)	D		confirmed by EMG (Prerequisite: EMG report)			
Other reason for consultation or clinical priority modification (MANDATORY justification in the next section):							
Suspected diagnosis and clinical information (mandatory) If prerequisite is needed:							
Available in the QHR (DSQ) Attached to this form Treatment* failure							
	Special needs:						
Referring physician identification and point of service Stamp							
Referring physician's name Licence no.							
Ar	ea code Phone no. Extension Area code	Faxr	10.				
Name of point of service							
Signature Date (/ear, month, day)			
Family physician: Same as referring physician Patient with no family physician Registered referral (if required)							
Family physician's name If you would like a referral for a particular physician or point of service							
Name of point of service							

Clinical alerts (non-exhaustive list)

Refer the patient to the Emergency-department

- Open fracture with or without neurovascular complications
- Unreduced dislocation
- · Compartment syndrome
- · Septic arthritis
- Cauda equina syndrome

(1)

Fracture immobilisation:

For fracture immobilisation, you are encouraged not to refer patients to the Emergency-department, but rather to use the service corridors available in your area.